

SFRRRI President-Elect – Jose Viña

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José Viña was born in Valencia, Spain in 1953. After pursuing his studies in Medicine at the University of Valencia, and doing research work under Prof Hans Krebs (Krebs cycle) in Oxford, he obtained his PhD in 1976. Prof Viña taught Physiology at Extremadura University and then returned to Valencia and took up his present position as full Professor of Physiology at the University of Valencia. Here Prof Viña combines his teaching duties with research work, the latter in two main lines, ageing and exercise.

José Viña leads a successful research group working on different aspects of ageing, including healthy ageing, exercise and Alzheimer's disease. He has published widely (over 300 publications in prestigious international journals) on glutathione, mitochondria, oxidative stress, free radicals and nutrition. Prof Viña has received numerous awards and honours, the most recent of which is the Albert Struyvenberg Medal, awarded by the European Society for Clinical Investigation (ESCI) 2017. He has also been awarded two Doctor honoris causa, Buenos Aires University (Argentina) and Rennes University (France).